

Volunteer In Sport Update



the latest from Cornwall Sports Partnership and Volunteer Cornwall

Here to support you to get involved in sport and physical activity by volunteering at your local, club organisation or event.

If you require any further information, please do not hesitate to get in touch.

Hot topics and opportunities for you in this edition are:

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Sport & Physical Activity Volunteering – New Partnership between Cornwall Sports Partnership, Volunteer Cornwall & Tempus Leisure

Several Cornish organisations have teamed up to try and get more people volunteering in sport and physical activity opportunities across the county.

Volunteers are a hugely important resource to sport with over 2.6 million people regularly volunteering in sport-related activities nationally. Whilst many people think you have to be able to play a sport in order to volunteer, that isn't necessarily the case, say Cornwall Sports Partnership, Tempus Leisure and Volunteer Cornwall.

Andy Brelsford, from Volunteer Cornwall, is keen to point out, "There are many opportunities for people to get involved in their local sports clubs that don't require you to be sporty, such as marshals, fundraisers, website developers, groundskeepers, committee posts and many more."

Tim Marrion, from Cornwall Sports Partnership, says, "Sport volunteering can give you a lot of satisfaction and reward as your club or team competes against others in friendly rivalry or fierce competition. Being an active part of the wider team or club as a volunteer can enhance your physical and mental health and wellbeing."

Sports and Leisure Centres across Cornwall are keen to have more volunteers involved as Karen Edmond, from Tempus Leisure, explains, "Our aims include providing opportunities and improving access to sport and active recreation and encouraging healthy active lifestyles. There are lots of ways volunteers can help us do this, by joining the team at their local centre, from meeting and greeting users through to organising and leading activities such as walking groups."

Want to get involved and find out more....? Either read on or contact **Simon Long, Sport & Physical Activity Volunteer Co-ordinator**. simonl@volunteercornwall.org.uk or **01872 266988**.

LD Kernow Active – Special Olympics Volunteer Activators needed

Disabled people in Cornwall will have more opportunities to get involved in sport after the Cornwall Sports Partnership has received £114,000 of funding from Sport England's Inclusive Sport fund towards a total project cost of £160,000 to deliver "LD Active Kernow".

The project is one of 44 across England that will benefit from £8.06 million of National Lottery investment from Sport England to open up more opportunities for disabled people to play sport.

LD Active Kernow will break down barriers for those with learning disabilities to become more physically active by establishing sports hubs across the county. Working in partnership with Tempus Leisure these hubs will offer a range of sports that are in line with the Special Olympics.

Could you be one of our Special Olympics Volunteer Activators, delivering taster sessions and providing disabled people in Cornwall more opportunity to participate in sport....?

Please see the attached Volunteer Role Description or for a Volunteer Enrolment Form contact **Simon Long, Sport & Physical Activity Volunteer Co-ordinator**. simonl@volunteercornwall.org.uk or **01872 266988**.

Cornwall FA – Volunteer Support Workshops

Clubs in Cornwall have consistently identified the lack of volunteers in football as a major concern.

The general consensus is that the duties of running a league or club are falling on fewer and fewer people and the consequent burden is making volunteers think twice about carrying on. Clearly football is under threat if the trend cannot be addressed.

Cornwall FA is teaming up with Volunteer Cornwall and the Cornwall Sports Partnership to look at ways which clubs can be supported to develop bespoke plans to recruit, reward and retain volunteers. **The initial support will take place at two introductory workshops at Cornwall FA, Bodmin on Thursday 5th June at 7pm and in the Camborne area on Tuesday 10th June at 7pm.** This will provide leagues and clubs with the opportunity to hear from Simon Long, Sport and Physical Activity Co-ordinator for Volunteer Cornwall, who will outline the range of support which will be available through the programme. Simon has an excellent knowledge of all levels of the game as a current Premier League Assistant Referee and former development officer for Suffolk FA. Development staff from Cornwall FA will also be present to look at the resources which will be available to support the programme.

Further support will be offered to leagues and clubs as the programme rolls out.

If you are involved in a football club or league and want more information please visit <http://www.cornwallfa.com/news/2014/may/volunteers-for-grassroots-football>

St. Austell Super Sprint Triathlon – Volunteer Marshalls needed

The St Austell Super Sprint Triathlon event will consist of a 400m open water swim from Par Beach, followed by a 10km closed road cycle on the Imerys Haul Road and a 2.5km run around the holiday park, onto Par Beach to finish at the centre of the holiday park. **The event will take place at 1400 hours on Sunday 8th June.** The event will be managed and delivered by Tempus Leisure and the event is aimed at novice triathletes. The aim of the event is to provide a stepping stone to other triathlons, especially within the Cornwall Triathlon Series, which is also organised by Tempus Leisure.

Tempus Leisure are looking for Volunteer Marshalls to help on the day. Volunteers will be needed from 1300 hours until 1600 hours to direct participants around the course and ensure their safety.

For more information or to get involved please contact **Simon Long, Sport & Physical Activity Volunteer Co-ordinator.** simonl@volunteercornwall.org.uk or 01872 266988.

Volunteer Angling Champions

The Angling Trust is looking to train motivated, experienced anglers as Angling Trust Volunteer Champions to support a national Lets Fish initiative. You don't need to be an award winning professional angler, just be motivated to help get more anglers on the bank more often. You may already be organising local informal competitions or keen to create more opportunities for people to go fishing

The free training will touch on aspects including:-

- Risk assessment
- Health and safety
- Working with disabled anglers
- Issues involved in facilitating a safe angling session

Upon Completion

Upon completion of the training, all participants will receive a free branded clothing bundle including waterproof jacket, cap & polo shirt as well as free Angling Trust membership. All Volunteer Champions will be given the full support of your local Regional Development Officer to plan, organise and promote group angling sessions that are safe, equitable and great fun.

Please note!

Please note that this is not a coaching qualification and should not be considered so. This qualification is specifically aimed at organising and facilitating sessions for existing anglers not improving angling skills through coaching.

For more information or to get involved please contact **Simon Long, Sport & Physical Activity Volunteer Co-ordinator.** simonl@volunteercornwall.org.uk or 01872 266988.

Ping! Cornwall – Volunteer Event Organisers

Ping! Cornwall is a free table tennis festival 19th July – 30th August at various locations throughout the county. The aim is to get people playing by having tables available, free of charge, in a number of public locations, by having regular social play sessions and through specific events.

Volunteers are required to support regular free social table tennis sessions across the county as well as pop up "Ping Pong Parlours" at various events including Be Active Truro, Boardmasters and one-off locations. **Ping!**

Cornwall runs 19th July – 30th August 2014 with social and structured table tennis sessions at venues and outdoors throughout the county – from Budehaven to Penzance and from Torpoint to Newquay.

Travel expenses are paid for the events you support, as well as a free t-shirt and free training to develop your table tennis and event skills.

Training is on **2nd June at Zafiro's in Truro, 6 – 9pm**. Oh and these free food at the training for all those who sign up to support Ping! Cornwall 2014.

Your support for Ping! Cornwall will enable others to participate in and enjoy table tennis, will enable the programme to reach more people in more locations and will enable you to develop new skills and meet new people.

For more information or to get involved please contact **Simon Long, Sport & Physical Activity Volunteer Co-ordinator**. simonl@volunteercornwall.org.uk or 01872 266988.

And finally... More opportunities to get involved...

These are just some of the opportunities and fantastic work that has already started around Cornwall, to get more people involved in sport & physical activity by volunteering at their local club, organisation or event around Cornwall.

We will continue to feature opportunities and events in future newsletters but in the meantime more opportunities are being added to www.do-it.org/, the national volunteering website, all the time so keep checking as there might be an opportunity just for you.

Tip: Use the “Advanced Search” and select “Sports & Coaching” under “What would you like to do?” to find all the sport related opportunities.

If you can't find something suitable, then don't hesitate to get in touch as there might be something coming up just for you! **Simon Long, Sport & Physical Activity Volunteer Co-ordinator**. simonl@volunteercornwall.org.uk or 01872 266988.
