

Volunteer In Sport Update



the latest from Cornwall Sports Partnership and Volunteer Cornwall

Here to support you to get involved in sport and physical activity by volunteering at your local, club organisation or event.

If you require any further information, please do not hesitate to get in touch.

Hot topics and opportunities for you in this edition are:

- [Park Run comes to Penrose Estate](#)
- [And Park Run @ Lanhydrock Needs Your Help](#)
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- [More opportunities to get involved... Just a click away!](#)

Park Run Comes to Penrose Estate

Park Run is a free, 5km run, held every Saturday morning at 9am... It's you against the clock!

Following the success of the event at Lanhydrock, where an average 92 people run every week, Cornwall Sports Partnership will be launching Park Run at Penrose Estate, Helston in January 2015.

In order to make the event a success we need volunteers to fill a number of key roles. Whilst the event is held every week, volunteers do not need to be available every week as a roster is produced based upon availability, but we greatly appreciate any time you can give. Click on each role below to find out more...

- [Run Director](#)
- [Timekeeper](#)
- [Backup Timekeeper](#)
- [Finish Tokens](#)
- [Barcode Scanning](#) x 2
- [Tail Runner](#)
- [Marshal](#) x 4
- [Photographer](#)

Could you spare one hour on a Saturday morning and help by filling one of these roles? Contact **Lewis Sanders** at Cornwall Sports Partnership, 01872 323335 or lesanders@cornwall.gov.uk, or **Simon Long**, Sport & Physical Activity Volunteer Co-ordinator, 01872 266988 or simonl@volunteercornwall.org.uk

And Park Run @ Lanhydrock Needs Your Help

As the stats show, Park Run @ Lanhydrock continues to be a success... The event has been run 31 times on Saturday mornings, with an average of 92 people running each week. Recently, as many as 170 people ran in one event!!

In order for the event to continue to be a success we need more volunteers to continue to fill a number of key roles. For more information, visit the website <http://www.parkrun.org.uk/lanhydrock/futureroster/>.

If you can spare just one hour on a Saturday morning to help, contact **Lewis Sanders at Cornwall Sports Partnership, 01872 323335** or lesanders@cornwall.gov.uk, or **Simon Long, Sport & Physical Activity Volunteer Co-ordinator, 01872 266988** or simonl@volunteercornwall.org.uk

Volunteer at CP World Games 2015 in Nottingham

Following the end of the Commonwealth Games 2014 in Glasgow, much of it's success was underpinned by it's 15,000 strong volunteer workforce... With only a year to go until the CP (Cerebral Palsy) World Games 2015 in Nottingham, Sport Nottinghamshire have launched their Volunteer recruitment.

They are looking for a volunteer workforce of approximately 600 people to help support the games in a range of ways, from media and fundraising to the Games Village and on-field support.

The games run from 6th – 16th August 2015, providing high performance sporting activity for CP athletes from over 20 nations across a range of sports; athletics, swimming, football, bowls, taekwondo and table cricket.

If you would like to know more contact **Simon Long, Sport & Physical Activity Volunteer Co-ordinator, 01872 266988** or simonl@volunteercornwall.org.uk

More opportunities to get involved... Just a click away!

These are just some of the opportunities and fantastic work that has already started around Cornwall, to get more people involved in sport & physical activity by volunteering at their local club, organisation or event around Cornwall.

We will continue to feature opportunities and events in future newsletters but in the meantime more opportunities are being added to www.do-it.org/, the national volunteering website, all the time so keep checking as there might be an opportunity just for you.

Tip: Use the "Advanced Search" and select "Sports & Coaching" under "What would you like to do?" to find all the sport related opportunities.

If you can't find something suitable, then don't hesitate to get in touch as there might be something coming up just for you! **Simon Long, Sport & Physical Activity Volunteer Co-ordinator.** simonl@volunteercornwall.org.uk or **01872 266988.**

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