



# Leadership, Coaching & Volunteering

Provide pathways to introduce and develop leadership skills that aim to deploy young leaders in roles such as coaching, officiating, administration, event organisation and communications.



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# Characteristics of Excellence

- Introduction to leadership and supervised responsibility e.g. Playground mentors
- Structured opportunities to develop leadership skills that are progressive
- Young people engaged in peer to peer evaluation, feedback and Learning
- Young people assisting roles in organising/running school games/sports day
- A peer to peer buddy system is in place to support vulnerable pupils
- A mechanism for transitioning leadership development
- Young people have the opportunity to develop leadership through the PE curriculum

# St. Stephens (Saltash) Community Primary School



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# Who are we?



Peter Hobbs - PE and sport coordinator

Amanda Nowlan – HLTA (sports specialist)

Louise Rowe - HLTA (sports specialist)



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# Before we begin...



Please ask questions throughout.

Please share any areas you are finding challenging in your own schools.



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# Why did we win this award?

- Young people taking on leadership roles in clubs and during lunch times
- Inviting ex-pupils back to volunteer
- Links with Saltash.net and their young sport leaders
- Volunteers from community coming into school and coaching in after school clubs
- Using qualified coaches, a sports apprentice and support staff to set up activities and to help develop young leaders

# Why did we decide to pursue this ambition?



- We strive to empower children in all areas of curriculum
- Natural extension of 'Excellence is in everyone'
- Give children opportunity to find their niche
- We wanted to give them another chance to succeed
- Build self-esteem and confidence
- Targeted year 5 & 6 children
- Targeted children who were confident yet nurturing



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# Challenges:

- Time
- Money
- Space
- Parental support
- Equipment
- Staff buy in
- The right people

*Any others?*



# How did we do it?



## **It started at the top!**

- Driven by head teacher
- Culture of sport (after school clubs)
- Giving older children responsibilities in clubs
- Distributed leadership amongst staff
- Sports apprentice
- Qualified coaches
- Training for children to become play leaders
- Lunchtime dance club



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# Driven by the head teacher

Our head wants to empower children to become the best version of themselves.

All staff sit up and take notice  
Makes it a priority

# Culture of sport



- Running a range of after school clubs that are driven by motivated staff
- Entering competitions
- Entering festivals

# Giving older children responsibilities

- Giving older children opportunities to lead sessions or parts of sessions in after school clubs
- Older children encourage younger children to engage younger children in clubs and activities



# Distributed leadership

- Overseen by PE and sport coordinator
- Staff responsible for their areas
- HLTA responsible for play leader training
- Support staff encouraging children to be active and directing them towards
- PAFC and apprentice responsible for engaging children
- Children taking the reins!



# Sports apprentice

- Classroom based in mornings, supports in PE lessons in afternoons
- Runs several after school clubs
- Organises play leaders and sports council
- Provides play leaders with activities
- Engages and challenges older pupils
- Role model for sport



# External coaches

- Supports lunchtime activities and directs young leaders
- Engage children who are not active to participate in activities set up by young leaders
- Facilitate play leaders setting up activities



# Play leader training

- Selection of play leaders targets children who might struggle socially/academically
- ARENA Sugar Smart training gives them confidence (1 day training)
- Designated staff to drive
- Wear hi-vis jackets so they are visible
- Supporting younger children and helping them use equipment properly
- Small choice of activities that can be timetabled
- ARENA Monthly challenges





# What activities can they do?

Google search: Val Sabin Playground games pdf

Skipping

Rounders

Basketball games (hot seat, killer etc)

'Huff and puff' equipment

Circle games like 'one knee' etc.



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# What activities can they do?

ARENA monthly challenges

Different challenge each month

Children try to beat their personal best as well as compete against others

- How many skips in 1 minute?
- How far can you throw a beanbag?
- How quickly can you run 75m?
- How quickly can you side-step 50m?

**ARENA**

Connecting School  
Sport Pathways

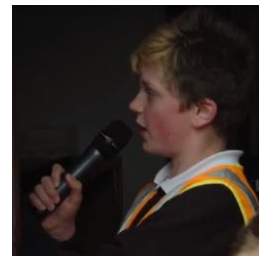


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# Lunch time dance club!



- Speakers installed
- Encourages inactive children to be more active
- Play leaders given autonomy...and a microphone!



# What has been the impact?



- Children who might not have the chance to shine in other curriculum areas can excel
- Offers challenge to already confident athletes
- Develops leadership skills and children become more confident
- Younger children are supported and engage more thoroughly
- Having School sport 'stars' attracts a wider range of children to participate in physical activity and gives them something to aspire to
- Children have agency and can positively influence clubs and lunchtimes
- Promotes good sportsmanship
- Develops friendships between children
- Structured activities promote positive behaviour



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# How can you make this work in your school?



## Play leaders

- Identify enthusiastic adults to drive and support
- Identify enthusiastic children
- Give them training
- Give them ideas
- Listen to their ideas
- Timetable of activities to give structure
- Try to get a speaker (we started by using a portable one)



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# How can you make this work in your school?



## Leaders in clubs

- Ensure clubs have a range of ages (not just year 5/6)
- Identify older children who could lead
- Allow them to take over small parts of sessions (e.g. warm ups)
- Try to strive for automaticity (children run it themselves)



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# How can you make this work in your school?



## Ex-pupils and links with secondary schools

- Establish contacts with local secondaries
- Ask for young people who are interested in running/supporting after school clubs
- Speak to current year 6 before they leave in the summer about coming back to support/lead



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# Task:



Identify the top 3 elements you'd most like to develop in your own school

Identify the top 3 challenges to achieving this



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# More Information...



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