

# Gyllingvase SLSC

presents



## Sunday 28<sup>th</sup> September

### Race Schedule

Age Group	Distance	Start Time
Open 18 to 29 & Masters 30+	1500m	10:00
Open 18 to 29 & Masters 30+	800m	11:00
Juniors aged 14 to 17	800m	11:15
Nippers aged 12 & 13	800m	11:30
Nippers aged 10 & 11	600m	12:00
Nippers aged 8 & 9	200m to 300m	12:30

Register by 14<sup>th</sup> September to guarantee T-shirt

Entries accepted on day up to 30 minutes prior to race start, (t-shirt subject to availability)

Enquiries to: [www.gyllysurf.org.uk](http://www.gyllysurf.org.uk) or [matttrebilcock@aol.com](mailto:matttrebilcock@aol.com) or 07801580106